

## THE CHALLENGE

Your aim is to cycle / navigate to as many control points as possible within the time allowed (5 hours) - route planning is as important as fitness. Control sites will be identified by bright coloured tape on an obvious feature to which a punch will be attached. Control Points will vary in value.

## EVENT CENTRE

Gwernymynydd Village Hall, Ruthin Road, Gwernymynydd, Mold. The start will be signposted off the A494. Grid Reference SJ220 627.

## FACILITIES

Parking – Please follow marshal's instructions.

Toilets and free refreshments provided after your ride.

## ON THE DAY PROCEDURE – Sunday 3<sup>rd</sup> September 2006

Registration will be open from 8.30am – 11am, when you arrive please sign in as soon as possible.

Prepare your bike, your equipment and yourself.

When ready proceed to the start desk (last start at 11am). You will be given a map with all the control locations and points values marked and a separate list of control point descriptions.

Take a few minutes to plan your route and then off you go.

Enjoy yourself. You have 5 hours to visit as many control points as possible.

DO NOT BE LATE BACK – Penalty deductions in accordance with Trailquest Association guidelines will be enforced!

Results will be calculated and displayed periodically on the day and then posted on the NW MBA website and emailed to email addresses provided.

## MAPS

A full colour 1:50,000 OS map section (approx size A3) of OS Landranger pre-marked with all controls will be provided on the start line. One map per rider is included in the entry fee. A master area map can be viewed pre-start.

Hand punches and control cards will be used for this event.

**\*VERY IMPORTANT** - there will be a limited number of entries. The maps are being produced for the event only. Pre entry is strongly advised! It is **ABSOLUTELY VITAL** that if you intend to enter late that you check beforehand to ensure that there will be a map available for you at the start! First come, first served.



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# CLWYDIAN TRAILQUEST

5 Hour Event

Sunday 3<sup>rd</sup> September 2006

Event centre – Gwernymynydd Village Hall,  
Ruthin Road, Gwernymynydd, Mold, Flintshire

- *Come and test both your mountain biking and navigational skills*
- *Make the events as easy or as tough as you like*
- *Fun for beginners. Challenging for Trailquesters*
- *Pre-marked colour OS map sections inc. in entry fee*
- *Forms available for download at [www.nwmba.org.uk](http://www.nwmba.org.uk)*



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Enquiries Tel. Chris on 01352 758233, Simon on 07754 004458 or e-mail: [simon\\_nwmba@yahoo.co.uk](mailto:simon_nwmba@yahoo.co.uk)

<b>Name</b>		Solo / Team Member 1		Team Member 2	
<b>TCA Number</b>					
<b>Address</b>					
<b>Post Code</b>					
<b>Phone</b>		H		H	
		W		W	
<b>E-mail</b> <small>always include</small>	<b>Solo</b>				
	<b>Partner</b>				
		<small>please print</small>		<small>please print</small>	
<b>Date of Birth</b>		_ / _ / _		_ / _ / _	
<b>Male/Female</b>		M / F		M / F	

<b>Classes:</b>	<b>Tick</b>	<b>Entry Fees:</b>
A) Solo Man 17 to 39, or Team 34-79		<b>£10 per rider, £8 for juniors (under age 17)</b>
B) Solo Female 17 to 39, or Team 34-79		
C) Vet Man 40 to 49, or Team 80 to 99 years		<b>Deduct £3 per rider for insurances if a TCA member, in which case membership No. MUST be quoted above.</b>
D) Vet Woman 40 to 49, or Team 80 to 99 years		
E) Super Vet Man >50, or Team >100		<b>Total Enclosed:</b>
F) Super Vet Woman >50, or Team >100		
X) Mixed Team with combined age 34-79		£
Q) Vet Mixed Team with combined 80-99years		
Z) Super Vet Mixed with combined age >100		
G) Generation - Youth 12-16 & Adult 18+		
T) Tandem - any age combination		

**I / WE agree to abide by the TCA Rules, and that I / WE enter this event at MY / OUR own risk. Please sign below. (Parent/Guardian if under 18)**

**(solo).....(team).....**

Please make cheques payable to 'North Wales Mountain Bike Association'.

Please send your entry **IN ADVANCE** to arrive no later than Monday 28<sup>th</sup> August to: NWMBA, 11 Bryn Eithin, Gwernymynydd, Mold, Flintshire, CH7 5NG.

### NOTES

Late entries must phone 01352 758233 and will only be allowed at the organiser's discretion. Please do not expect a reply after you have sent in your entry form – just turn up on the day. **NO FINAL DETAILS WILL BE SENT OUT.** If you wish to have confirmation of entry please enclose a Stamped Addressed Envelope.

### RULES & EQUIPMENT

1. Follow the cycling code. Using footpaths or out of bounds tracks/ areas will result in disqualification, even if carrying your bike – Marshals in the area!
2. Cycling off the Master event map is out of bounds (incompetence or ignorance are not excuses!)
3. You should not do anything that would be considered cheating and pairs **MUST** remain in contact (50 metres) at all times and visit control points together. Disqualification at the discretion of Marshals and Organisers for misconduct.
4. You must report to the finish desk even if you retire – if you do not you could be reported to the police as missing – it may cost you money!
5. Cycling helmets are compulsory and must be worn at all times.
6. Other equipment required: a roadworthy bike, helmet, watch, relevant map, first aid kit, compass, whistle, 2 x 50p for phone, simple tool/puncture repair kit, pump, and substantial clothing, including waterproofs, are compulsory for these events.

For further information about membership of the TCA, Trailquests in the rest of the UK and event results consult the Trailquest website:

[www.trailquest.co.uk](http://www.trailquest.co.uk)